Maharashtra University of Health Sciences, Nashik
(Syllabus applicable from batch of students admitted in Academic Year 2012-2013 and onwards for B.A.M.S. Course)

4.4 SHALAKYA TANTRA

Theory Two Papers – 90 Marks Each
Theory Internal Assessment -20 Marks
Practical/Viva voce – 90 Marks
Practical Internal Assessment -10 Marks
Number of Lectures – 210
Hospital Training / Clinical Posting – 4 Months

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Paper - I

NETRA ROGA VIGYAN

1) Introduction
a) Shalakya tantra nirukti, Parichayam, Ithihasam
b) Netra rachana shariram (Mandala, Patala, Sandhi, Drushti Vichara) and Netra Kriya Sharira alongwith modern anatomy of Eye.
c) Eye examination and knowledge of basic instruments/equipments required for examination of Eye.
d) Netrarognanam – Samanya Hetu (Nija and agantuja), Purvarupa, Samprapti, Rupa and Chikitsa.
e) Classification of Netraroga and its importance.

2) Netra Samanya and Vishishta Chikitsa - Kriya Kalpa
a) Netra and Chakshu swasthya hitkara Dinacharya, Ritucharya, Aahara evam Vihara.
b) Kriya-kalpa-Seka, Aschyotana, Pindi, Vidalaka, Tarpana, Putapaka, Anjana and importance of Panchkarma in Netra Chikitsa.
c) Basic fundamentals of Netra Shastra Chikitsa e.g. Purva – Pradhana - Paschat karma, Ama-Pachyaman-Pakva Vrana shotha, Vranitopasana, Pranashtashalya, & Vranbandhana. Methods and concepts of sterilization, asepsis and antisepsis as per ancient and modern point of view.
d) Basic applied knowledge of Ashtavidha shastrakarma, agni, kshara, raktamokshana in Nerta rogas.
e) Essential diagnostic and therapeutic modern pharmacological agents required in Netra Chikitsa

3) Sandhigata Roga(Diseases of junctional areas of eye)
a) Number of sandhigata rogas, detailed etiology, pathology, clinical features and management of Pooyalasa and Srava Rogas.
b) Brief Study of krimi granthi, Parvani and Alaji Rogas.
c) Study of Acute and Chronic Dacryocystitis, Epiphora, Blepharitis including their aetiology, pathology, signs & symptoms, differential diagnosis and medical & surgical management.

4) Vartmagata Roga(Diseases of Lids)
a) Number of vartmagata rogas, and detailed knowledge of etiology, pathology, clinical features and management of Anjananamika, Utsangini, Lagana, Vatahata vartma, Pakshma kopa, Sikta vartma, Pothaki, Klinna vartma, Krichhronmeelana and Kukunaka diseases of Vartma.
b) Brief Knowledge of Vartmarbuda, Utklishta vartma, Nimesh, Pakshmashata, Vartmarsha
c) Knowledge of Hordeolum, Ptosis, Trachoma, Trichiiasis, Entropion, Ectropion including
their Etiology, signs and symptoms differential diagnosis and medical & surgical management.

5) Shuklagata Roga(Diseases of sclera and conjunctiva)
a) Number of Shuklagata rogas, detailed knowledge of etiology, pathology, clinical features and management of Arma, Arjuna and Shuktika
b) Brief Knowledge of Sira pidika, Sira jala, Pishtaka, Balasgrathita.
c) Study of Pterygium, Scleritis, Episcleritis, Sub-Conjunctival Hemorrhage including their Etiology, signs and symptoms differential diagnosis and medical & surgical management.

6) Krishnagata Roga (Diseases of cornea and uvea)
a) Number of krishnagata rogas, detailed knowledge of Etiology, Pathology, Clinical features, differential diagnosis, complications and Management of Savarna /kshata Shukla (Shukra), Avrana shukra (Shukla)
b) Brief knowledge of Sira shukla, Akshipakatyaya and Ajakajata.
c) Knowledge of Corneal ulcer, Corneal Opacity, Uveitis,Acute Iridocyclitis, Staphyloma,their aetiology, pathology, symptoms, differential diagnosis, complications and management.

7) Sarvagata Roga (Diseases effecting all parts of eye)
a) Number of Sarvagata rogas, detailed knowledge of etiology, pathology, clinical features, complications, differential diagnosis and Management of Abhishyanda, Adhimantha, Hatadhimantha and Shushkakshipaka.
b) Brief Knowledge of Amloshit, Vata paryaya, Anyato vata, Sashopha & Ashophakshipaka- Pilla roga, Sirotpta and Siraharsha.
c) Knowledge of Conjunctivitis, Glaucoma, Dry Eye Syndrome including their etiology, pathology, clinical features, differential diagnosis, complications and their management.

8) Drishtigata Roga (vision disorders)
a) Number of Drishtigata rogas detailed knowledge of - etiology, pathology, clinical features, differential diagnosis and management of Timira, Kacha and Linga nasha.
b) Brief Knowledge of Abhigataja lingnasha, sanimittaja & Annimittaja Lingnasha Doshandhya/Kaphavidagdha drishti, Naktandhya, Ushna vidagdha drishti, Pittavidagdha drishti, Dhumadarshi, Hriswajadya, Gambhirika, Nakulandhya, Nayanabhghata.
c) Knowledge of Refractive errors, Cataract including their etiology, pathology, clinical features, differential diagnosis, complications and their management.
d) Study of Eale’s disease, Hypertensive & Diabetic Retinopathies, Age related Macular degeneration, Strabismus, Retinitis pigmentosa, Night blindness, Amblyopia, Central serous retinopathy, Optic Neuritis and Optic atrophy

9) Miscellaneous Diseases
a) Xerophthalmia and other malnutritional eye disorders.
b) Knowledge of ocular trauma and their management.
c) Introduction to Eye bank, Eye donation, Corneal Transplantation
d) Preventive Ophthalmology and Community Ophthalmology
PAPER – II

SHIRA – KARNA- NASA- MUKHA ROGAS

1) Samanya Chikitsa
   a) Study of therapeutic procedures like Sveda, Kavala, Gandusa, Dhuma, Murdhni Taila, Nasya, Pratisarana, Karna Purana,karna prakshalana, nasa prakshalana Mukha Lepa.
   b) Ashtavidha shastrakarma and anushastrakarma used in the treatment of Shira, Karna,Nasa evam Mukha Rogas.

2) Shiro Roga
   a) Importance and Superiority of Shira.
   b) Number, general etiology, pathology and cardinal features of shiro rogas and kapalgata rogas along with their common line of management/treatment.
   c) Detailed study of Vataja, Pittaja, Kaphaja shirashoola, Suryavarta, Ardhavabhedaka, Khalitya, Palitya.
   d) Brief Knowledge of Raktaja shiraha shool, Krimija shiraha shool , Kshayaja shiraha shoola & Sannipataja shiraha shoola, Ananta vata, Indralupta, Darunaka.

3) Karna Roga
   a) Detailed study of Rachana and Kriyasharir of Karna (Ear) & Shravanendriya as per Ayurvedic and modern view, Examination of Ear along with instruments/equipments required in Ear examination.
   b) Detailed study of etiology, pathology, classification, clinical features and management of diseases of Karna – karna shool, karna nada& shweda, Badhirya, karnastrava, karna pratinaha, pootikarna, karnagoothaka, karnavidradhi.
   c) Brief Knowledge of karna kandu, karnapaka, karnarsha, karnarbuda,krimikaran &knapali rogas , Karna sandhana(Auroplasty), fundamentals, method and Vaikritpaham
   d) Detailed study of Otalgia, ASOM, CSOM, Deafness, wax including their etiology, pathology, clinical features, differential diagnosis, complications and medical & surgical management
   e) Brief Knowledge of Otomycosis, Otosclerosis, Tinnitus, Vertigo , Foreign body in ear and Noise pollution.

4) Nasa Roga
   a) Detailed study of Rachana and Kriyasharir of Nasa (Nose and paranasal sinuses)& Ghranendriya as per Ayurvedic and modern view, Examination of Nose. along with instruments/equipments required in Nose examination.
   c) Brief Knowledge of Putinasa, Bhranshathu, Peenasa, Apeenasa, Nasarbuda, Nasashotha, Dipta, Nasa Sandhana.
   d) Detailed study of Rhinitis & Sinusitis Epistaxis, Nasal Polyp, DNS, Foreign body including their Etiology, pathology, clinical features differential diagnosis and medical & surgical management.
   e) Brief Knowledge of Nasal trauma, Tumours of nose and Para nasal sinuses.
5) Mukha Roga (Diseases of Oral Cavity)
   a) Detailed study of Rachana and Kriyasharir of Mukha Rogaadhishthanashtha, dantamoola, danta, jivha, talu, gal, sarvasara (Oral cavity) as per Ayurvedic and modern view along with their Basic examination including instruments/equipments required for the examination.
   b) Mukha and Danta Swasthya as per ancient and modern concepts including prevention of malignancy of oral cavity.
   c) Number and general aetiology, pathology, cardinal features of Mukha rogas along with their common line of management/treatment.

6) Oshtha Roga (Diseases of Lips)
   a) Detailed study of Etiology, pathology, classification, clinical features and management of - Oshtha prakopa, khandoshtha
   b) Brief Knowledge of Gandalaji, Jalarbuda, Kshataja
   Oshthaprapakopa  c) Knowledge of cleft lip.

7) Dant Mula Gata Roga (Diseases of Periodontia)
   a) Detailed study of Etiology, pathology, classification, clinical features and management of - Shitada, Dantaveshta, Upakush, Danta Nadi, Danta Vidradhi, Adhimansa
   b) Brief Knowledge of dantapupputaka, Saushira, Mahasaushira, Danta Vaidarba, Paridara, Vardhana.
   c) Detailed study of Etiology, pathology, classification, clinical features and management of Gingivitis, Apical abscess, Periodontitis (Pyorrhoea).

8) Danta Roga (Dental Diseases)
   a) Detailed study of Etiology, pathology, classification, clinical features and management of Daalan, Krimidanta, Dantaharsha, Danta sharkara, Hanumoksha
   b) Brief Knowledge of karala, Bhanjanak, Kapalika, Shyava Danta, Danta bheda,
   c) Danta chaal, Adhidanta, Danta Utpatana including Jalandhar bandha method and Danta Purna.
   d) Knowledge of Dental Caries, Dental Tartar & Tooth extraction.

9) Jihwa Gata Roga (Diseases of Tongue)
   a) Detailed study of Etiology, pathology, classification, clinical features and management of - jivha kantaka (vataja, pitta and kaphaja)
   b) Brief Knowledge of Upajihva, Adhijihva, Alasa.
   c) Knowledge of Glossitis, Tongue Tie, Ranula, Benign and Malignant Tumors of tongue.

10) Talu Roga (Diseases of Palate)
    a) Detailed study of Etiology, pathology, classification, clinical features and management of - Gala shundika, Talushosha, Talupaka
    b) Brief Knowledge of Talupupputa, Adhrusha, Kacchapa, Talvarbuda, Mamsasang hata.
    c) Knowledge of Cleft palate, palatitis, uvulitis and tumours of the palate.

11) Kantha and Gala gata Roga (Diseases of Pharynx & Larynx)
    a) Detailed study of Etiology, pathology, classification, clinical features and management of - Tundikeri, Kantha shaluka, Gilayu, Galaganda,
Swarbhedha, Galavidradhi.
b) Brief Knowledge of Rohini, Galashotha, Kantharbuda, Kanthavidradhi, Galarbuda Galaugham, Vrindam, Ekavrindam, Valaya, balasa, Shataghni, Swaraghna.
c) Detailed study of Etiology, pathology, classification, clinical features and management of - Pharyngitis, Laryngitis, Tonsillitis & Adenoiditis
d) Brief Knowledge of foreign body in the throat, Carcinoma of Larynx & Pharynx, Dysphagia Diphtheria & diseases of salivary glands.

12) Sarvasara Mukha Roga (Generalised mucosal affections of the oral cavity)
a) Detailed study of Etiology, pathology, classification, clinical features and management of Sarvasar mukhapaka
b) Brief Knowledge of urdhvacuda, putivakrata, mukharbuda
c) Detailed Knowlege of Stomatitis.

13) Miscellaneous Diseases
National Programme for Prevention and Control of Deafness.

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PRACTICAL

Content of Practical

Training in para-surgical procedures-
1) Kshara karma
2) Agnikarma
3) Raktamokshana
4) Training of ward procedures. Application of bandages, wound management
5) Training of minor procedures (ashtavidha)
6) Observation of surgical procedures in Shalakya

TERM WISE DISTRIBUTION OF THEORY SYLLABUS

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<th>Paper II</th>
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SCHEME OF PRACTICALS / CLINICAL TRAINING

Total Duration is 4 months.

OPD  1 1/2 Months (under II-BAMS)
IPD  15 days (under II BAMS)
OPD & IPD 01 Month (under III BAMS)
Operation Theatre 01 Month (under III BAMS)
Under clinical posting each student has to study total 20 Cases (12 Long Cases and 08 Short cases) and prepare record of it as prescribed in Annexure – A & B. Under these cases following division should be strictly followed.

Netra : 10 Cases - 6 Long Cases (3 Surgical, 3 I.P.D.) & 4 short cases.
Karna-Nasa-Mukha-Danta : 10 Cases - 6 Long Cases (3 Surgical, 3 I.P.D.) & 4 short cases

**Guidelines of Shalakya Tantra Practicals / Clinics**

Under Clinical Posting, following activities / skills / practical work should be done by each student.

1. Identification, uses, demonstration of surgical instruments and method of sterilization.
2. Training of case taking, bedside clinics and case presentation.
3. Training in para- surgical procedures such as - Kshara karma, Agni karma, Raktamokshana.
4. Training of ward procedures such as Application of bandages, wound management, IV, Retro bulbar, Peribulbar, Facial, IM, Subcutaneous and Intradermal injections.
5. Training of minor procedures such as - Incision and drainage, Excision, Sutures.
6. Observation of surgical procedures such as - Pterygium Cataract, Cyst removal, Tympanoplasty, Auroplasty, Tonsillactomy, Mastoidectomy, Steptoplasty

**PRACTICAL EXAMINATION** (to be conducted by University)

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<td>Long &amp; Short cases record</td>
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**THEORY EXAMINATION** (to be conducted by University)

There will be Two Papers, Paper I & paper II for each 90 Marks as follows. The examiners are directed to set a question paper in such a way that it shall cover all points of syllabus. On any syllabus group maximum 5 SAQ can be included in the question paper by Paper setter.

a. **SECTION-A. (S.A.Q.) - 45 MARKS**

1. IT CONTAINS 6 S.A.Q.s – EACH CARRYING 3 MARKS AND ANY 5 SAQs SHOULD BE SOLVED BY STUDENT.
2. IT CONTAINS 7 S.A.Q.s – EACH CARRYING 5 MARKS AND ANY 6 SAQs SHOULD BE SOLVED BY STUDENT.

b. **SECTION-B. (L.A.Q.) - 45 MARKS**

IT CONTAINS 4 L.A.Q.s – EACH CARRYING 15 MARKS AND ANY 3 LAQs SHOULD BE SOLVED BY STUDENT.
**Reference Books:**

1. Shalakya Tantra  
2. Shalakya Vigyan  
3. Abhinava Netra Chikitsa  
4. Netra Chikitsa Vigyan  
5. Netra Roga Chikitsa  
6. Netra Roga Vigyan  
7. Parson’s Diseases of Eye  
8. Diseases of ENT Log and Turner  
9. Shalakya Tantra  
10. A text book of ophthalmology in Ayurveda  
11. Shalakya Kriya Kalpa Vigyan  
12. Useful portions of Charak, Sushrut, Vagbhatta  
13. Netra Rog Vigyan  
14. Shalakya Tantra (Karna,Nasa,Shiroroga)  
15. Shalakya Tantra (Mukharoga)  
16. Shalakya tantra  
17. Karna Chikitsa Vigyan  
18. Nasa Chikitsa Vigyan  
19. Shiro Karna Nasa, Mukha Roga Vignyana  
20. Ayurvediy Yantra Shashtra Parichaya  
23. Text book of ENT  

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1. Long Case
(Netraroga Rugnapatrak)

OPD No.:       BED No.:       IPD No.:       DATE:

PRADHAN VAIDY:

STUDENT NAME:

RUGNA NAME:

ADDRESS:

VAYA:       LINGA:       CASTE:       OCCUPATION:

DESHA:       RUTUKALA:

DATE OF ADMISSION:       DATE OF DISCHARGE:

ROGNIDAN:

CHIKITSA:

CHIKITSA PHALA:

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PRAMUKHA VEDANA:

VYADHIVRUTTA:
PURVAVYADHVRRUTTA:

KULAVRUTTA:

STHANIKA PARIKSHAN:

NETRA PARIKSHAN: DAKSHIN NETRA: VAMA NETRA:

1) MANDALA PARIKSHAN:
   1) Bharumandal:
   2) Pakshma Mandal:
   3) Vartma Mandal:
      Urdbhva:
      Adhaaha:
   4) Shuklam Mandal:
   5) Krushna Mandal:
      Karnika:
      Taraka Mandal:
   6) Drushti Mandal:
      Aakar:
      Pratikriya:
   7) Purva Veshma (Anterior Chamber):
   8) Drushti Mani:

2) SANDHI PARIKSHANA:
   1) Apanga Sandhi:
      Kaninika Sandhi:
      Ashru Kosha:
   2) Pakshma Vartmagata Sandhi:
   3) Vartma Shuklagata Sandhi:
      Urdbhva:
      Adhaaha:
4) SHUKLA KRUSHNA GATA SANDHI:

5) KRUSHNA DRUSHTI GATA SANDHI:
DARSHAN SHAKTI PARIKSHA:
ABHINGA:
SABHINGA:
DRUSHTI KSHETRA:

3) PATAL PARIKSHANA:
DRUSHTINADI SHIRSHA:
PITABINDU:
RAKTA VAHINYA:

4) SRAV PARIKSHAN:
RASHI:
SANGHATA:
GANDHA:
VARNA:
ANYA:
VISHESH PARIKSHANA:

NIDAN PANCHAKA:
1) HETU (NIJA, AAGANTU):

2) PURVA RUPANI:

3) RUPANI:

4) UPASHAYANUPASHAYA:

5) SAMPRAPTI:
VYAVCCHEDA ROGNIDAN:

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NIDAN:

CHIKITSA:

STHANIKA:

SARVADEHIKA:

SHASTRAKARMA CHIKITSA:

PURVAKARMA:

PRADHAN KARMA:

PASCHAT KARMA:

PARINAM:
### ANUVRUTTA:

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**Student Signature**  
**Teacher Signature**
# 2. Long Case

(KARNA-NASA-SHIO-MUKHA-KANTHA RUGNAPATRAKA)

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<th>IPD No.</th>
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PRADHAN VAI DY:

STUDENT NAME:

RUGNA NAME:

ADDRESS:

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DESHA:

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DATE OF ADMISSION:

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ROGNIDAN:

CHIKITSA:

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PRAMUKHA VEDANA:

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PURVAVYADHIVRUTTA:
KULAVRITTA:

RUGNA PARIKSHA:

NADI: RAKTA DABA:

TAPMAN:

SWASHAN:

DEHAYASHTI: VARNA:

NASA PARIKSHAN (STANIKA PARIKSHAN):

BAHIRNASIKA:

NASAGUHA:

DAKSHIN VAMA

1) SHUKTIKA - SURANGA:-
   URDHVA
   MADHYA
   ADHAHA

2) SHLAISHMIKA KALA:-

3) NASA RANDHRA:-
   PURVA
   PASCHIM
NASA SRAV, GANDHA, VARNA etc.

MUKHA PARIKSHANA:

OSHTHA: URDHVA:
       ADHAHA:
DANTA VESHTA:
DANT:
JIVHA:
TALU (KATHIN)
TALU (MRUDU)
GALA GILAYU GRANTHI
GALA SHUNDIKA
UPJIVHA
KANTHA
ANYA VISHESHA PARIKSHA

KARNA PARIKSHA: DAKSHINA VAMA

BAHYAKARNA- KARNASHASHKULI

KARNA PUTRAK

KARNAPALI
KARNA PARSHVA
KARNA KUHARA
MADHYA KARNA
SHRUTI SURANGA NADI
SHRAVANENDRIYA
PARTHIVA VAHAKATA
VAYAVIYA VAHAKATA
SRAVA- GANDHA, VARNA etc

SHIRO PARIKSHA

AAKAR
TVACHA

PARIGHA

KAPALASTHI

MANYAGATA GRANTHI

ANYA VISHESH PARIKSHAN

NIDAN PANCHAKA:

1) HETU (NIJA, AAGANTU):

2) PURVA RUPANI:

3) RUPANI:

4) UPASHAYANUPASHAYA:

5) SAMPRAPTI:

MUTRA, RAKTA KSHA-KIRAN etc.: 
### VYAVCHEDA ROGNIDAN:

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### NIDAN:


### CHIKITSA:

#### STHANIKA:


#### SARVADEHIKA:


### SHASTRAKARMA CHIKITSA:

#### PURVAKARMA:


#### PRADHAN KARMA:


#### PASCHAT KARMA:


#### PATHYAPATHYA:
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Student Signature  
Teacher Signature
Annexure B

3. Short Case
(Netraroga Rugnapatrak)

OPD No.: DATE:

PRADHAN VAIDYA:

STUDENT NAME:

RUGNA NAME:

ADDRESS:

VAYA: LINGA: CASTE: OCCUPATION:

DESHA: RUTUKALA:

ROGNIDAN:

CHIKITSA:

CHIKITSA PHALA:

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PRAMUKHA VEDANA:

VYADHIVRUTTA:
PURVAVYADHIVRUTTA:

KULAVRUTTA:

NETRA PARIKSHAN: DAKSHIN NETRA: VAMA NETRA:

BAHYA NETRA:

VARTMA MANDALA:

SHUKLA MANDALA:

KRUSHANA MANDALA:

DRUSHTI MANDAL:

KARNIKA:

TARAKA MANDALA:

DARSHAN SHAKTI PARIKSHA:

ABHINGA:

SABHINGA:

DRUSHTI KSHETRA:

TRIVIDHA PARIKSHANA:

DARSHANA:

SPARSHANA:

PARASHANA:

ASHTAVIDHA PARIKSHANA:

NADI:

MALA:
MUTRA:

JIVHA:

SHABDA:

SPARSHA:

DRUKA:

AAKRUTI:

NIDANA:

CHIKITSA:  

STHANIKA:

SARVADEHIKA:

PATHYAPATHYA

Student Signature               Teacher Signature
4. Short Case
(KARNA-NASA-SHIRO-MUKHA-KANTHA RUGNAPATRAKA)

OPD No.: DATE:

PRADHAN VAIDYA:

STUDENT NAME:

RUGNA NAME:

ADDRESS:

VAYA: LINGA: CASTE: OCCUPATION:

DESHA: RUTUKALA:

ROGNIDAN:

CHIKITSA:

CHIKITSA PHALA:

PRAMUKHA VEDANA:

VYADHIVRUTTA:

PURVAVYADHIVRUTTA:

KULAVRUTTA:

STHANIKA PARIKSHANA:

KARNA:

BAHYA KARNA: